

GEPT Elementary Speaking Handout

Going to the Clinic: Symptoms, Appointments, and Sick Leave

全民英檢初級口說講義 | Topic: clinic, symptoms, appointment, absence

Teacher Notes 教學重點

- Level: GEPT Elementary / CEFR A2
- Class time: 50-90 minutes
- Skills: describing symptoms, asking for help, making an appointment, explaining absence
- Current topic: clinic English, symptoms, school nurse, sick leave, health habits
- Note: This is language-learning material, not medical advice.

Warm-up Questions 暖身口說

- What do you say when you do not feel well?
- What symptoms can you describe in English?
- Have you ever made a doctor's appointment?
- Who do you ask for homework when you are absent?

A. Vocabulary 單字解析

Word	Part	中文	Easy meaning	Example
symptom	n.	症狀	a sign that you may be sick	Fever and cough are common symptoms.
fever	n.	發燒	a high body temperature	I have a fever today.
cough	n./v.	咳嗽	to push air out of your throat loudly	She has a bad cough.
sore throat	n.	喉嚨痛	pain in your throat	My sore throat started yesterday.
headache	n.	頭痛	pain in your head	I have a headache after class.
stomachache	n.	肚子痛	pain in your stomach	Tom has a stomachache.
clinic	n.	診所	a place where people see a doctor	My mom took me to the clinic.
appointment	n.	預約	a time to see a doctor or do something	I have a doctor's appointment at four.
temperature	n.	體溫	how hot or cold your body is	The nurse checked my temperature.
medicine	n.	藥	something people take when they are sick	Take this medicine after dinner.
rest	v./n.	休息	to stop working or moving for a while	You should rest at home.
absent	adj.	缺席的	not at school or work	I was absent because I was sick.

B. Reading 1 閱讀 | Feeling Sick at School

Lily is in English class, but she does not feel well. Her head hurts, and her throat is sore. She also feels cold, so she puts on her jacket. Her teacher, Ms. Wang, sees that Lily looks tired.

Ms. Wang asks, 'Are you OK?' Lily says, 'I have a headache and a sore throat.' Ms. Wang tells Lily to visit the school nurse. Lily walks slowly to the health room and explains her symptoms again.

The nurse checks Lily's temperature. It is a little high. The nurse asks Lily to drink water and rest for a few minutes. Then the nurse calls Lily's mother. Lily goes home early and rests. The next day, she tells her teacher, 'I was absent because I was sick.'

Reading Check

Where is Lily when she starts to feel sick?

Answer: _____

What symptoms does Lily have?

Answer: _____

Who checks Lily's temperature?

Answer: _____

C. Dialog Practice 口說對話

Dialog 1 | Asking the Teacher for Help

Lily	Ms. Wang, I do not feel well.
Teacher	What's wrong?
Lily	I have a headache and a sore throat.
Teacher	Do you feel hot or cold?
Lily	I feel cold, and I am very tired.
Teacher	Please go to the school nurse. I will write you a note.

Dialog 2 | Talking to the School Nurse

Nurse	What symptoms do you have?
Lily	My head hurts, and my throat is sore.
Nurse	When did it start?
Lily	It started this morning.
Nurse	I will check your temperature.
Lily	Thank you. Should I call my mom?

Dialog 3 | Making an Appointment

Clinic	Good afternoon. Green Clinic.
Ben	Hello. I would like to make an appointment.
Clinic	What symptoms do you have?
Ben	I have a cough and a sore throat.
Clinic	When did it start?
Ben	It started yesterday.

Clinic	Can you come at three o'clock?
Ben	Yes, thank you.

Dialog 4 | Talking to the Doctor

Doctor	How can I help you today?
Ben	I have a cough and a runny nose.
Doctor	Do you have a fever?
Ben	No, I do not think so.
Doctor	Are you allergic to any medicine?
Ben	No, I am not.
Doctor	Please rest and drink water. Follow the instructions for the medicine.
Ben	OK. Thank you, doctor.

Dialog 5 | Asking About Homework

Emma	Hi Nina. I am sick today.
Nina	Are you OK?
Emma	I have a fever, so I cannot go to school.
Nina	Please rest at home.
Emma	Can you tell me the homework?
Nina	Sure. Finish page 28 and practice the dialog.
Emma	Thanks. I will do it when I feel better.
Nina	Get well soon.

Dialog 6 | Returning to School

Emma	Ms. Wang, I was absent on Friday.
Teacher	Are you feeling better now?
Emma	Yes, thank you.
Teacher	Good. Did you get the homework?
Emma	Yes. Nina sent it to me.
Teacher	You can make up the speaking activity today.

D. Reading 2 閱讀 | Making a Clinic Appointment

Ben wakes up with a cough and a runny nose. His mother says, 'Let's call the clinic.' Ben feels nervous because he does not know what to say in English. His mother helps him practice before the call.

On the phone, Ben says, 'Hello, I would like to make an appointment.' The clinic worker asks, 'What symptoms do you have?' Ben answers, 'I have a cough and a sore throat. It started yesterday.' The worker gives him an appointment at three o'clock.

At the clinic, the doctor asks Ben more questions: 'Do you have a fever? When did it start? Are you allergic to any medicine?' Ben answers slowly but clearly. He learns that giving clear information can help the doctor understand his problem.

Reading Check

Why does Ben call the clinic?

Answer: _____

What time is Ben's appointment?

Answer: _____

What does the doctor ask about medicine?

Answer: _____

E. Reading 3 閱讀 | Calling in Sick

On Friday morning, Emma has a fever. Her father calls the school office and says Emma cannot go to school. Emma feels sad because her class has a speaking activity that day, but she knows she needs to rest.

Emma sends a short message to her classmate, Nina. She writes, 'I am sick today. Can you tell me the homework?' Nina replies, 'Sure. We need to finish page 28 and practice the dialog.' Emma thanks Nina and says she will practice when she feels better.

Before lunch, Emma washes her hands and drinks water. She stays at home so she will not make other students sick. On Monday, she goes back to school and tells Ms. Wang, 'I am better now. May I make up the speaking activity?'

Reading Check

Why is Emma absent on Friday?

Answer: _____

Who tells Emma the homework?

Answer: _____

Why does Emma stay at home?

Answer: _____

F. Speaking Practice 口說練習

Useful Speaking Frames

- I do not feel well.
- I have a _____.
- My _____ hurts.
- It started _____.
- I would like to make an appointment.
- I was absent because _____.
- Can you tell me the homework?
- May I make up the speaking activity?

1. Pair Interview

- What do you say when your head hurts?
- What symptoms do people often have when they are sick?
- How do you make a clinic appointment?
- What should you tell your teacher when you are absent?
- What can you do so you do not make classmates sick?

2. Role-play: At School

Student A: You feel sick in class. Tell your teacher two symptoms.

Student B: You are the teacher. Ask one question and tell Student A to see the nurse.

Change roles and use different symptoms.

3. Role-play: Calling the Clinic

Student A: You call a clinic and ask for an appointment.

Student B: You work at the clinic. Ask about symptoms and give a time.

Use: What symptoms do you have? When did it start? Can you come at ____?

4. Short Talk

Talk for 30 seconds: What should students do when they are sick?

1. _____
2. _____
3. _____

G. Quiz 練習題

1. Vocabulary: A sign that you may be sick is a _____.

Answer: _____

2. Vocabulary: A high body temperature is a _____.

Answer: _____

3. Vocabulary: A place where people see a doctor is a _____.

Answer: _____

4. Situation 1: Lily has a headache and a sore _____.

Answer: _____

5. Situation 2: Ben makes an _____ at three o'clock.

Answer: _____

6. Situation 3: Emma is absent because she has a _____.

Answer: _____

7. Speaking: Tell a teacher you do not feel well.

Answer: _____

8. Speaking: Ask a classmate about homework.

Answer: _____

9. Speaking: Tell a doctor when your cough started.

Answer: _____

10. Writing: Write one healthy habit when you are sick.

Answer: _____

H. Answer Key 答案

Reading Check

Where is Lily when she starts to feel sick? - She is in English class.

What symptoms does Lily have? - She has a headache and a sore throat.

Who checks Lily's temperature? - The school nurse checks her temperature.

Why does Ben call the clinic? - He has a cough and a runny nose.

What time is Ben's appointment? - It is at three o'clock.

What does the doctor ask about medicine? - The doctor asks if Ben is allergic to any medicine.

Why is Emma absent on Friday? - She has a fever.

Who tells Emma the homework? - Her classmate Nina tells her.

Why does Emma stay at home? - She needs to rest and does not want to make other students sick.

Quiz

1. Vocabulary: A sign that you may be sick is a _____. - symptom

2. Vocabulary: A high body temperature is a _____. - fever

3. Vocabulary: A place where people see a doctor is a _____. - clinic

4. Situation 1: Lily has a headache and a sore _____. - throat

5. Situation 2: Ben makes an _____ at three o'clock. - appointment

6. Situation 3: Emma is absent because she has a _____. - fever

7. Speaking: Tell a teacher you do not feel well. - I do not feel well.

8. Speaking: Ask a classmate about homework. - Can you tell me the homework?

9. Speaking: Tell a doctor when your cough started. - It started yesterday. / It started this morning.

10. Writing: Write one healthy habit when you are sick. - Rest at home. / Wash your hands. / Drink water.

Source Notes 教材參考來源

This handout is original classroom material rewritten for GEPT Elementary / CEFR A2 learners.

- CDC flu symptom information was used to select common symptom vocabulary such as fever, cough, sore throat, headache, and tiredness.
- CDC handwashing guidance was used for general health-habit language such as washing hands and staying healthy.
- MedlinePlus doctor-visit guidance was used for appointment and symptom-description language.
- CDC Signs and Symptoms of Flu: <https://www.cdc.gov/flu/signs-symptoms/>
- CDC About Handwashing: <https://www.cdc.gov/clean-hands/about/index.html>
- MedlinePlus Talking With Your Doctor: <https://medlineplus.gov/talkingwithyourdoctor.html>